



What's New in Belgium in 2026 in Muscle Health Research

June 29th, 2026

Programme 6pm to 8pm

Moderator: Prof. Olivier Bruyère

Welcome and introduction

Olivier Bruyère (ULiège)

Muscle morphology matters: impact on clinical outcomes

Sophie Bastijns (University of Antwerp)

Muscle Matters: Can Prehabilitation Improve Surgical Outcomes?

Fanny Buckinx (ULiège)

TRIGG: From Microbial Peptides to Muscle Clinics in the Fight Against Muscle Wasting

Anton De Spiegeleer (Ghent University)

Beyond protein: dietary fiber, gut health and sarcopenia

Laurence Lapauw (KU Leuven)

Towards a Core Outcome Set for Sarcopenia Intervention Studies

Sophie Van Heden (UNamur)

The effect of strength training on the senescence-prone profile of peripheral blood mononuclear cells in older persons

Emelyn Mathot (VUB)

Registration

Category	Registration
Non Member	50,00 €
PhD students	25,00 €
Bachelor or Master Students	Free
BAMS Member	Free

Register here

https://registrations.humacom.com/bams_2026

